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| **Dag 1:** Dato: Sted:   Tilmelding:  | Torsdag den 16. NovemberArne Jacobsens Alle 15, in the building where UCB resides. [https://www.google.se/maps/place/UCB/@55.631734,12.578675,15z/data=!4m5!3m4!1s0x0:0xac30f819af7ee63a!8m2!3d55.631734!4d12.578675](https://www.google.se/maps/place/UCB/%4055.631734%2C12.578675%2C15z/data%3D%214m5%213m4%211s0x0%3A0xac30f819af7ee63a%218m2%213d55.631734%214d12.578675%22%20%5Ct%20%22_blank)Navn til **anvsoe@rm.dk** Pris: 0 kr. for medlemmer og 100 kr. for ikke-medlemmer (1 eller 2 dage) |
| Program: | **‘Young (early career) sleep scientists’****10 minuters foredrag og 5 min. diskussion – tiderne som overholdes ved hjælp af ringeklokke.****Methodology in sleep research & Brain Disease and sleep** **08.30-08.55 Kaffe og registrering****8.55-09.00 Velkomst Poul/Marielle**09:00-09:15 Marcus Waser, postdoc. Polysomnographic and electrophysiological findings and impaired cognitive function09:15-09:30 Jens Stephansen. The use of neural networks in the analysis of sleep stages and the diagnosis of narcolepsy09:30-09:45 Matteo Cesari, PhD Student. Autonomic findings in sleep disorders09:45-10:00 Rune Frandsen. DTI in RBD and Parkinsons disease10:00-10:15 Mads Olsen, Phd-Student. Wearable technologies. A window into future sleep research10:15-10:30 Mathias Pinto. MSc. Mobile phone technologies for identification of sleep disordered breathing.**10:30 – 11:00 Kaffepause**11:00-11:15 Lotte Tarp. Automatic Detection of Events in Sleep Apnea Using Long-Short Term Memory Network11:15-11:30 Umaer Hanif. Automatic Prediction of Esophageal Pressure Using NoninvasivePolysomnographic Signals in Sleep Disordered Breathing11:30-11:45 11:45-12:00 Natalie Linea Hauglund. Does glymphatic clearance alter sleep stability?12:00-12:15 Kathrine Løppenthin, postdoc. Physical activity in patients with chronic pain. Polysomnographic findings. A randomised controlled trial12:15-12:30 Eva Thorstensen, PhD Student. Hypocretinergic narcolepsy. Implication for health and disease**12:30 – 13:30 Frokost**13:30-13:45 Line Pickering, PhD Student. Structural Brain diseases in childhood. Implication for neuroendocrine axis and sleep structure.13:45-14:00 Linda Waller. Cognitive trajectories and sleep problems. The CESA cohort study.14:00-14:15 Hinuga Sandahl, PhD Student. Posttraumatic brain disease – implication for sleep structure.14:15-14:30 Casper Riedel, PhD Student. Intracranial pressure dynamics during sleep14:30-14:45 Yuliya Boyko, PhD Student. Sleep in the ICU. Effect sleep pathologies on prognosis.14:45-15:00 Anna Valsted Strobel. Somatosensory function is impaired in patients with idiopathic REM sleep behaviour disorder **15:00 – 15:30 Kaffepause**15:30-15:45 15:45-16:00 Laura Graves Ponsaing. Impaired Cerebrovascular Reactivity in Obstructive Sleep Apnea16:00-16:15 DISE: udredning af patienter med obstruktiv søvnapnø før eventuel kirurgi16:15-16:30 Bundgaard. Disturbed Sleep and Activity in Toddlers with Early Signs of Attention Deficit Hyperactivity Disorder (ADHD)16:30-16:45 Morten Stokholm, Pet Centret (RBD)16:45-17:00 Kira Jespersen. Music and insomnia17:00-17:15 Nunu Lund. Circadian rhythms and the risk of CH attacks**17:15-17:30 Dommerpanel** **17:30-17:45 Pris overrækkelse****17:45 Afslutning.****Middag – udmeldes senere** |

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| **Dag 2:** Dato:Sted:   Tilmelding: | Fredag den 17. November Arne Jacobsens Alle 15, in the building where UCB resides. [https://www.google.se/maps/place/UCB/@55.631734,12.578675,15z/data=!4m5!3m4!1s0x0:0xac30f819af7ee63a!8m2!3d55.631734!4d12.578675](https://www.google.se/maps/place/UCB/%4055.631734%2C12.578675%2C15z/data%3D%214m5%213m4%211s0x0%3A0xac30f819af7ee63a%218m2%213d55.631734%214d12.578675%22%20%5Ct%20%22_blank)Navn til **anvsoe@rm.dk** Pris: 0 kr. for medlemmer og 100 kr. for ikke-medlemmer (1 eller 2 dage) |
| Program: | **09.30-9.55 Kaffe****9.55-10.00 Velkomst**10.00-10.30 Poul Jennum: Morbidity and welfare consequences of childhood and adult narcolepsy 10.30-11.00 Birgitte Kornum: Hypocretin/orexin measurements and sleep disorder diagnostics.11.00-11.30 Julie Christensen: Advancing sleep analysis by use of data-driven methods. 11:30-12:00 Lone Baandrup: Sleep disturbances in serious mental diseases. **12.00-13.00 Frokost**13.00-14.00 Erla Bjorndottir: Cognitive behavioral treatment of insomnia - Iceland´s experience of an online intervention. 14.00-15.00 Mads Barloese. Cluster Headache - Chronobiology and Sleep**15.00-15.30 Kaffe pause**15.30-16.00 Mette Kragh: "Wake and light therapy improved sleep in patients with moderate to severe depression"16:00-16:20 Jørgen Alving: An Evaluation of Body Media’s Sense Wear Armband against Polysomnography in describing Sleep Pattern and Sleep Quality Parameters **16.30- 17.30 Generalforsamling** |